



Berkshire Hockey Umpires' Association

Covid-19 guidance for umpires

Before the match

1. Ensure that you have completed (you only need to complete it once) the EH "Individual Consent for Participating in Hockey under Covid-19 Restrictions" form (https://forms.office.com/FormsPro/Pages/ResponsePage.aspx?id=NvkYmuiQxU--asEa8eSc6g-NqKCAUipGoe_luyiEaiZUMIE4NUVKRDZENzJGNUtNVEE5NVIXME9ETC4u). Note that Berkshire HUA can be found in the drop down list at para. 6 Clubs (M-Z) & Officiating Bodies (end of list).
2. Berkshire HUA will appoint a Covid-19 Officer (details TBD) and you should contact them in the first instance if you have any Covid-19 related concerns. We will seek copies of Club Covid Risk Assessments and will not appoint umpires until such a completed Risk Assessment has been provided.
3. Each club should have appointed a Covid-19 officer whom you should contact if you have any specific queries about Covid security measures in place at a specific location/club.
4. DO NOT undertake any appointment if you are showing symptoms of COVID-19 or believe that you may have been exposed to infection.
5. Make sure that the home team, when they confirm the appointment or otherwise, identify any special Covid provisions which have arisen from their Covid Risk Assessment (which all clubs should be undertaking).
6. If necessary, seek clarification over the provision of changing and toilet facilities at the ground.
7. EH are planning to issue specific guidance for Officials (umpires and match officials) – be aware of, and comply with, any such guidance. Such guidance will be available from the EH website and will also be added to the Berkshire HUA handbook (<https://www.berkshirehua.co.uk/public/handbook.php>).
8. Make sure that you have the usual necessary equipment, now to include hand sanitiser for personal use.
9. Covid guidance can be found on the Berkshire HUA website (<https://www.berkshirehua.co.uk/public/handbook.php>) and this will be updated as and when necessary. Check that you are aware of the latest guidance.

Match day

10. Each umpire should have their own hand sanitiser, to be used when necessary.
11. Be aware of surfaces which may have been contaminated, such as door handles, stair rails, pitch side equipment, and so on.
12. Do not share any umpiring equipment, such as whistles, radio headsets, cards, water bottle, and so on.
13. No hand shaking, for example with captains at the toss up or at the end of the match.
14. One umpire should perform the toss up, with one captain calling heads or tails. Do not exchange the coin with either captain or the other umpire.
15. As always, avoid touching your face as much as possible.
16. When signing team sheets after the game, use your own pen, or be aware of the potential for contamination when using another person's pen
17. In the club house, for teas or post match debrief, follow guidance from the Home team relating to Covid security by, for example, maintaining social distancing where possible, using face coverings as appropriate, using soap or hand sanitiser when necessary.
18. Consider the need for hand washing or sanitising as you leave the club.
19. Enjoy yourself!

Post Match

20. If you develop Covid symptoms then contact the relevant Club's Covid officer to ensure that others are made aware of the potential for infections. Also seek a Covid test, via the NHS, and notify NHS Track and Trace.
21. Update your availability, as you will be required to self-isolate for a period (in accordance with current HMG/NHS guidelines) during which time you will not be available to umpire or otherwise take part in hockey.